

# Roxbury Aquatics News

## Upcoming Dates

**Midgets Water Polo  
Tournament  
Friday Aug 5th  
Location and Times  
TBA**

**Final Swim Junior  
Development Friday  
Aug 5th**

**"GET PSYCHED" for  
Divisionals  
Pizza Party  
Friday Aug 5th  
1:00 pm  
More info under  
Swim at right**

**12/U County Dive  
Championships  
Sat Aug 6th  
Burning Tree CC  
More info under Dive  
at right**

## Looking Ahead:

**Division 1  
Championship  
Meet  
Mon Aug 8th  
at Innis Arden  
7:30 am warm-up  
More info to follow**

**Dive Awards  
Banquet  
Tues Aug 9th  
6:30 pm / Tennis**

## Week of August 1st

**As we come into the homestretch, please read the Weekly Emails carefully as there will be a lot of **NEW** information in the weeks to come**

**Also look for separate emails with specific info regarding individual events such as County Dive Championships, Division 1 Swim Championships, and Water Polo tournaments**

Congrats to all Swim/Dive Team members for the WIN vs Long Ridge making Roxbury Dual Meet Champs in Division 1!

Good effort to all the Water Polo Teams in the match vs Rocky Point.

**Goodbye and Good Luck to our Senior Swimmers:**

**Katelyn Conte**

**Mariana Frias**

**Allie Haid**

**Michael Romano**

**Tom O'Hara**

**We will miss you!**



**GO ROXBURY!**

**VOLUNTEER SIGN-UPS:**

**Pavilion**  
**Look for info/sign-up**  
**on Aquatics Bulletin**  
**Board**

**Juniors Water**  
**Polo Tournament**  
**Wed Aug 10th**  
**Milbrook/Times TBA**

**10/U County Dive**  
**Championship**  
**Thurs Aug 11th**  
**NCFC**  
**Times TBA**

**Seniors Water Polo**  
**Tournament**  
**Thurs Aug 11th at**  
**Rocky Point**  
**All Day**  
**Times TBA**

**FCSL County**  
**Championship Meet**  
**Sat Aug 13th**  
**at Roxbury**  
**7:30 am warm-up**  
**Stay tuned for more**  
**Info**

**Aquatics Awards**  
**Banquet**  
**Sat Aug 13th**  
**5:00 pm / Upper Deck**  
**Info to Follow**

### **QUICK LINKS**

[Aquatics Website](#)

[2011 Meet Schedule](#)

[Aquatics Brochure](#)

[FCSL Club Directions](#)

**Per the league, Roxbury's assignments for the**  
**Divisional meet are posted on the Aquatics bulletin**  
**board. Please consider signing up to help out. We are**  
**required to provide volunteers for those positions. We**  
**broke it out into three shifts due to the length of the**  
**meet. Thank you in advance for your cooperation and**  
**support.**

PHOTOS...If you have taken great pictures of  
meets and matches please send individual jpeg to  
[pool@roxburyclub.com](mailto:pool@roxburyclub.com) or burn your best shots to  
disk and drop in the office for Carolyn

If you have not done so already, please notify Rick ASAP if  
you will not be available for the Division 1 meet (Monday  
Aug 8) and FCSL Finals (Saturday Aug 13).

## **Swim & Dive Team**

### **12/U County Dive Championships**

Saturday Aug 6th at Burning Tree CC

(directions at [www.fcsl.info](http://www.fcsl.info))

Event #1

Boys 1m and Girls 3m

Warm-up: 7:00 am Start 8:00 am

Roxbury Divers please be on deck no later that 6:50 am

Event #2

Boys 3m and Girls 1m

Warm-up and Start times TBA

Please email [pool@roxburyclub.com](mailto:pool@roxburyclub.com) if you have a problem  
that morning

### **Swim Team Practice**

Mondays through Saturday

11 year old year-round swimmers and all 12 & Over

9:30 - 11:00 am

9 & 10 year olds plus 11 year old summer-only swimmers

11:00 - 12:15

8 and under

11:00 - 12:00 noon

### **Get Psyched for Divisionals Pizza Party**

Friday Aug 5th 1:00 pm / Upper Deck

Sign-up sheet on Aquatics Bulletin Board

## Thank you

Thanks  
to all the volunteers  
this week at our meets  
and matches



We need an accurate head count, so please sign-up  
Deadline: Friday MORNING 10:00 am

Divisional Line-up to be posted on Monday  
Check the Aquatics Bulletin Board

Roxbury Divisional Volunteer Assignments:  
Please sign-up on the Aquatics Bulletin Board

## Aquatics Teams Banquet

For all Swim, Junior Development Swim, and Water Polo  
Saturday Aug 13th 5pm / Upper Deck  
Information and Sign-up on the Aquatics Bulletin Board

## Dive Team Practice

Monday through Saturday  
\*no practice on Saturday Aug 6th

10:00am - 12 noon (or whatever portion available)  
All County Divers  
Optional for non-county Divers

Dive Awards Banquet Tuesday Aug 9th / 6:30 pm  
Info and Sign-up Sheets on Aquatics Bulletin Board  
Deadline to Sign-up: Saturday Aug 6th

## Water Polo Team

### Practice Times

Monday thru Thursday

Midgets: 4:45-5:45 pm  
Juniors & Seniors: 5:45-6:45 pm

## Midgets Tournament

Friday, Aug 5th  
Times and Location TBA under separate email

## Synchro

Final "Performance" Sunday July 31st at 12:30 pm

## Junior Development Swim and Dive

## Junior Development Swim

Practice Times:  
Mon, Wed, Thurs and Fridays  
12:15 - 1:00 pm

"Fun Races"  
Thurs Aug 4th

Final Junior Development  
Friday Aug 5th

**Junior Development Dive**  
Finished for the season!

[Forward email](#)



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